

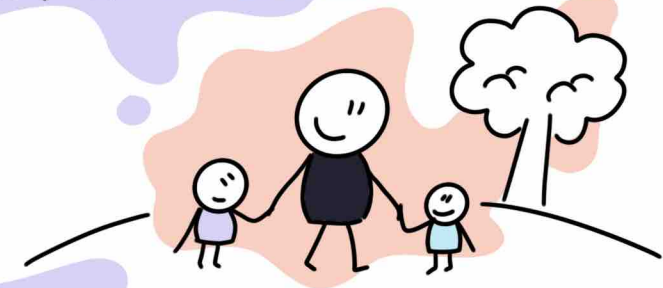
JOURNEY BEFORE DESTINATION

"THE THINGS I LIKE ARE ACTUALLY REALLY CHEAP."

THE VAST MAJORITY OF PEOPLE DON'T REALIZE THAT THEY HAVE ENOUGH MONEY, EVEN IF THEY DO.



OPTIMIZING FOR WHAT YOU WANT YOUR LIFE TO LOOK LIKE IS REALLY IMPORTANT



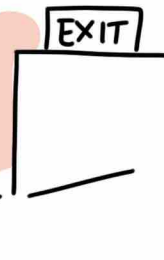
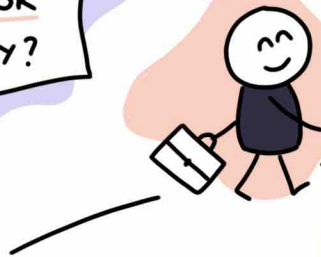
WE JUST TELL OURSELVES THAT WE HAVE TO HAVE MORE & MORE

QUESTION TO ASK

WHAT DO YOU WANT YOUR LIFE TO LOOK LIKE DAY-TO-DAY?

LOT OF PEOPLE OPTIMIZE FOR THEIR CAREER

BUT IF THEY HAD A MILLION DOLLARS THEY WOULD LEAVE



UNDERSTANDING WHAT THE THING YOU WANT ACTUALLY COSTS IS IMPORTANT

THERE IS A CONSTANT TENSION BETWEEN THE "OPPORTUNITIES" THAT POTENTIALLY TAKE YOU AWAY FROM THOSE THINGS.

YOU'RE LIVING DAY-TO-DAY FOR SOMETHING YOU DON'T LIKE FOR THE FUTURE HOPE OF BEING ABLE TO MAKE A CHANGE TO GET TO WHAT YOU DO LIKE

STOICISM

DEEP DIVE

WITH RYAN HOLIDAY



Ali Abdaal